

Life to the Full Programme Plan - RSE Coverage at St Wilfrid's 2025- 2026



Module 1: Created and Loved by God [Unit 1 Religious Understanding; Unit 2 Me, My Body, My Health; Unit 3 Emotional Wellbeing; Unit 4 Life Cycles]

Module 2: Created to Love others [Unit 1 Religious Understanding; Unit 2 Personal Relationships; Unit 3 Life Online; Unit 4 Keeping Safe]

Module 3: Created to Live in Community [Unit 1 Religious Understanding; Unit 2 Living in the Wider World]

	Reception & R/Y1 & Y1 EYFS Content	Y2/3 KS1 Content	Y4 & Y4/5 LKS2 Content	Y5/6 & Y6 UKS2 Content
Autumn 1	Zones of Regulation Created and Loved by God - Religious understanding Created and Loved by God - Me, My Body, My Health	Zones of Regulation Created and Loved by God - Religious understanding Created and Loved by God - Me, My Body, My Health	Zones of Regulation Created and Loved by God - Religious understanding Created and Loved by God - Me, My Body, My Health	Zones of Regulation Created and Loved by God - Religious understanding Created and Loved by God - Me, My Body, My Health
Autumn 2	Created and Loved by God - Emotional Wellbeing	Created and Loved by God - Emotional Wellbeing	Created and Loved by God - Emotional Wellbeing	Created and Loved by God - Emotional Wellbeing
Spring 1	Created and Loved by God - Life Cycles Created to Love others - Religious Understanding	Created and Loved by God - Life Cycles Created to Love others - Religious Understanding	Created and Loved by God - Life Cycles Created to Love others - Religious Understanding	Created and Loved by God - Life Cycles Created to Love others - Religious Understanding
Spring 2	Created to Love others - Personal Relationships Created to Love others - Life Online	Created to Love others - Personal Relationships Created to Love others - Life Online	Created to Love others - Personal Relationships Created to Love others - Life Online	Created to Love others - Personal Relationships Created to Love others - Life Online
Summer 1	Created to Love others - Keeping Safe	Created to Love others - Keeping Safe	Created to Love others - Keeping Safe	Created to Love others - Keeping Safe
Summer 2	Created to Live in Community- Religious understanding Created to Live in Community - Living in the Wider World	Created to Live in Community- Religious understanding Created to Live in Community - Living in the Wider World	Created to Live in Community- Religious understanding Created to Live in Community - Living in the Wider World	Created to Live in Community- Religious understanding Created to Live in Community - Living in the Wider World

The curriculum is spiral and is repeated each year. Every child will cover every unit and content before leaving primary school. Some units will be repeated to ensure depth of understanding, the 'suggested extended activities' will be used for this.